



## Common Requests and Solutions for Special Consideration

Cascade Pacific Council camps make every reasonable effort to meet the needs of campers, and have developed standard solutions for common requests:

### Sugar-free menu (diabetic)

Camp menus are posted online ([www.cpcbsa.org](http://www.cpcbsa.org)) a few months before camp. Although menus are subject to change, they give a good idea of the menu items planned. Camps can substitute sugar-free alternatives such as pancake syrup and jelly to allow campers to enjoy the same menu as other campers. If major departures from the menu are required, it is suggested that campers bring substitute ingredients and speak with the camp cook on arrival day. Campers are not permitted in the kitchen per state health department regulations, but the cook may be able to assist with minor menu substitutions. **Please submit a Special Needs Form to enable the camp to anticipate the need.**

### Vegetarian menu

The camp menu is posted online ([www.cpcbsa.org](http://www.cpcbsa.org)) a few months before camp. Although it is subject to change, it gives a good idea of the menu items planned. Camps can substitute some items such as vegetarian hamburger patties to allow campers to enjoy the same menu as other campers. If major departures from the menu are required, it is suggested that campers bring substitute ingredients and speak with the camp cook on arrival day. Campers are not permitted in the kitchen per state health department regulations, but the cook may be able to assist with minor menu substitutions. **Please submit a Special Needs Form to enable the camp to anticipate the need.**

### Food Allergies

The camp menu is posted online ([www.cpcbsa.org](http://www.cpcbsa.org)) a few months before camp. Although it is subject to change, it gives a good idea of the menu items planned. If major departures from the menu are required, it is suggested that campers bring substitute ingredients and speak with the camp cook on arrival day. Campers are not permitted in the kitchen per state health department regulations, but the cook may be able to assist with minor menu substitutions. **Please submit a Special Needs Form to enable the camp to anticipate the need.**

### Wheelchair access

Each camp has at least one campsite which provides easier wheelchair access to tents, outhouses, and other campsite features. **Submit a Special Needs Form to enable the camp to place the troop in an appropriate campsite.** Be sure to submit the form several weeks prior to camp.

### Limited-mobility access

Submit a Special Needs Form to enable the camp to place the troop in an appropriate campsite. Camp managers will make every effort to place those with mobility challenges in campsites close to the center of camp. **Submit a Special Needs Form to enable the camp to place the troop in an appropriate campsite.** Be sure to submit the form several weeks prior to camp.

### Vehicles in Camp

Private vehicles are NOT PERMITTED in camp. The ONLY exception made is for persons with severe mobility limitations. A state-issued disabled parking permit is required, and approval from the camp director MUST be granted in the form of a vehicle pass displayed at all times on the vehicle dashboard. As vehicles present a safety hazard for pedestrians on camp roads, this rule is strictly-enforced; only extreme circumstances warrant a vehicle pass.

### CPAP machine (night-time breathing machine)

For campers with CPAP machines, please plan for unit campsites that do not have electricity. Sleeping areas are not available in buildings at camp and some camps operate on generator power and do not have power during nighttime hours. To prepare for camp, two options are suggested:

1) Avid campers may consider purchasing a battery-operated CPAP machine (one model known to be reliable at camp is the Puritan Bennett 420G; many other models are also on the market). A good source for battery-powered CPAP machines is [www.cpap.com](http://www.cpap.com). If charging a battery-operated CPAP is required during daytime hours, the camp will provide an outlet.

2) Those who use a machine that requires 120v AC power (household current) can bring an inverter and an automobile battery. This is a proven method for many campers over the past several summers. Camps will provide an outlet where automobile batteries can be recharged during daytime hours. Vehicles cannot be parked in or near campsites for the purpose of powering CPAP machines. **Please submit a Special Needs Form to enable the camp to anticipate the need.**

### Injections

Camp personnel are not authorized to administer injections. Campers who require injections need to administer their own injections or be accompanied by an adult trained and authorized (by parent/guardian in case of a minor) to administer injections for that camper.